



NEWS N VIEWS



Theme: "Thrive In God's Service"
Prayer Partner: Diocese of Edmonton
Patron: The Rt. Rev. John Stephens

A.C.W.
2nd Fall Gathering
Saturday, September 24th,
10 – 2pm,
Registration at 9:30am,
coffee & muffins

St. Matthew's, Abbotsford
2010 Guildford Drive

Guest Speaker: Margaret Franz, Author
"Between Blade & Bullet, the Mary Steinhauser Story"

ACW meeting and Treasurer report
Comfort Foods Lunch
Afternoon Eucharist with Celebrant:
The Rev. Allen Doerksen

Please pre-register before Sept. 21
acw.kelly@gmail.com
Cost \$10 per person

A Message From Your President



It's been a busy few months settling into my new positions with the board. Trying to keep up with current business and affairs while trying to work in some of the ideas I want to introduce. While most small groups took the summer off, many

others were busy working to put together a fabulous Fall for our ACW members. We have so much to look forward to: Fall Gathering on September 24th, Fall Retreat, November 25-27 and our Christmas Open House, December 6th. I'm sure we'll also have many Christmas bazaars and outings to look forward to. (More details to follow in the News N Views)



One of my ideas is to have more young adults join ACW. I was delighted to have our youth, from St. Cuthbert's, join me at ACW place on Wednesday, July 13th. The youth donated clothing for the teens up north. Together with a few items from our inventory, they put together many cool outfits. They also wrapped and sewed the bale for shipping for a full experience. I believe they had a good time, especially when the pizza arrived. This was a pilot project for me as the new Diocesan President. I am thrilled with its success and hope to have more youth from the diocese join us in the future.

I'd like to see more of you come out too. It doesn't have to be a Monday morning. I'd like to introduce other days and times for volunteering with the bales at ACW Place. If you or your church ACW group would like to come and see what its all about, please contact me to arrange a visit.

Having the youth visit this summer has fueled my desire to see our ACW grow with more young, middle age and senior women. We all have so much to offer. We can mentor each other and our younger women. Are you artistic or perhaps tech guru . We need you! As we go forward bringing ACW into the modern age of technology and the next generation we need to expand our board with new members and talents. You are welcome to sit in on a board meeting to get a feel for what we do and what you can contribute to help us grow for a brighter tomorrow.

Anglican Church Women is not a senior's club for outreach, teas and bazaars. We do so much more. I am open to new, young, and fresh ideas to keep us moving forward into the future. Feel free to talk with me. I'd also like to make myself available to visit your ACW group. I'm looking forward to hearing from you soon.

Your President and Friend

Kelly Bowman

604-441-7450 acw.kelly@gmail.com



National Day for Truth and Reconciliation

Each year, September 30 marks the National Day for Truth and Reconciliation.

The day honours the children who never returned home and Survivors of residential schools, as well as their families and communities. Public commemoration of the tragic and painful history and ongoing impacts of residential schools is a vital component of the reconciliation process.

This federal statutory holiday was created through legislative amendments made by Parliament.

Wear orange

Both the National Day for Truth and Reconciliation and Orange Shirt Day take place on September 30.

Orange Shirt Day is an Indigenous-led grassroots commemorative day intended to raise awareness of the individual, family and community inter-generational impacts of residential schools, and to promote the concept of “Every Child Matters”. The orange shirt is a symbol of the stripping away of culture, freedom and self-esteem experienced by Indigenous children over generations.

On September 30, we encourage all Canadians to wear orange to honour the thousands of Survivors of residential schools.

Give us one heart and one mind to walk together in the love and strength of your Spirit, in truth, reconciliation, and peace. We ask this through Jesus Christ, your Son, our brother, our Lord, and our hope. Amen.



News From The Branches

Like so many of us, I wear many hats! My husband and I have a small sheep farm in Aldergrove, and we also volunteer at the National Historic Site in Fort Langley. As part of the latter, we take part in the annual three day re-enactment of Brigade Days, where we tell stories and show crafts which would have been part of day to day life in the early 1800s. One of the "Brigade Family"

spins and dyes wool, so as part of the "trading system" we provide her with sheep fleeces in trade for some spun (and sometimes naturally dyed) wool in "hanks". As she is generous with her trades, I enjoy a surfeit of wool, some of which I was happy to donate these if someone was then prepared to wind them into balls and knit them into something useful! I am delighted that this has now been accomplished.



Sheila Puls
ACW Past Diocesan President

The skeins of wool were taken to the "Busy Hands" group at Peninsula Village, a knitting group. They wound them into balls and knitted them for us into these lovely toques which will be sent in the bales.



Thought you might like to recognize St. Catherine's ACW, for providing the flannelette & member Donna Merrison for sewing another 125 cloth diapers for the bales to the North.

We held an early meeting in August, in Ann Blue's back garden to socialize and to discuss what our upcoming year might look like. We voted to support the UGM Thanksgiving meal program. Five members plan to attend the fall gathering at St. Matthews, Abbotsford. The guest speaker, author Margaret Franz, was a former member of St. Catherine's parish.

At least two members plan to attend the Retreat at Loon Lake in November.

Ann was pleased to host our National ACW President & former St. Catherines's member, Margaret Warwick, for a few days, and to surprise the August Board meeting with her presence.

Ann Blue



UPCOMING A.C.W. EVENTS

SEPTEMBER 24, 2022

FALL GATHERING AT
ST. MATTHEW'S, ABBOTSFORD,
REGISTRATION 9:30 AM

NOVEMBER 25 -27, 2022

LOON LAKE RETREAT, MAPLE RIDGE

DECEMBER 6, 2022

CHRISTMAS OPEN HOUSE, ACW PLACE

MAY 27, 2023

ACW ANNUAL GENERAL MEETING,
ST. THOMAS, VANCOUVER

JUNE 17, 2023

ANNUAL OPEN HOUSE & BAR-B-QUE
ACW PLACE

CAMP ARTABAN

HARVEST WEEKEND



FRI SEPT. 30 - SUN OCT. 2

Experience all the warmth and
wonder of Artaban in the autumn

COST: \$250 / PERSON
UNDER 2: FREE

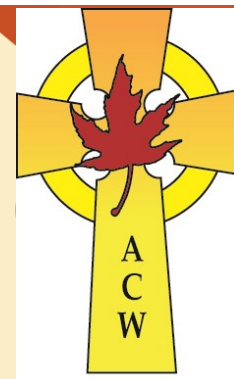
- Amazing meals
- Boat cost included
- All sessions running



Celtic Treasures

An ACW Retreat to Explore & Experience
Christian Celtic Spirituality

November 25 – 27, 2022
Friday 3 pm – Sunday 1 pm



What is it about **Christian Celtic Spirituality** that continues to rise from the ancient paths to lead us in the earthy embodied ways of living our authentic faith? Perhaps it began with songs sung while washing the baby, when planting seeds, or with prayers said when bowing at the moon at night.

In this course we will learn and engage the deep wells of Christian Celtic Spirituality to refresh us and be oriented in the essential goodness of all of Creation. We will be recalled to the holy work of listening to the heartbeat of God in quiet, through community, in the sacred utterances of creation, and through spiritual practices. Time will be spent exploring Celtic themes through circle gatherings, Celtic chants, Morning Prayer overlooking the lake, and hands-on art and nature stations. Together we will build a Celtic Cross in nature connecting with the elements and praying for the Earth.

“Let us become aware of God’s Presence within and all around.”

J P Newell

Presenters: Rev. Lorie Martin, Rev. David Taylor, & Katherine Murray
From the Centre for SPIRITUAL RENEWAL

Registration: includes 5 meals

Double occupancy: \$445 per person Single occupancy: \$525

Limited Maximum 30 persons

Register HERE: <https://tithe.ly/event-registration/#/5676769>

Location: Loon Lake Lodge & Retreat Centre, Maple Ridge BC.

Presenters:



Lorie Martin is a priest in the Diocese of New Westminster doing her curacy at St. Andrew's, Langley and St. Thomas, Chilliwack. She is a spiritual director, contemplative retreat leader and the Associate Director of The Centre for Spiritual Renewal. She has a passion to create sacred space to experience the loving presence of God and offer hope and healing to our world. Lorie lives in Lindell Beach near Chilliwack with her husband, Dwight. They raised five children and now enjoy their grandchildren.



David Taylor is the rector of the Parish of St. Dunstan in Aldergrove and the Exec. Director of the Centre for Spiritual Renewal. David has a passion to re-connect people to Scripture and the depth of the spiritual history of Christianity. He delights in the personal spiritual journey of the heart and works to ensure the marginalised are cared for. He is a composer of worship music and liturgy: Awaken Love; All Shall Be Well. David is on Diocesan Council and leads the team on Ecumenism and Interfaith Ministry for the Diocese. He is married and his two sons light up his heart and life!



Katherine Murray Katherine Murray is a spiritual director and an experienced retreat & group leader. She is passionate about intimacy with God and the contemplative life, teaches and guides spiritual practices, and lives these authentically. Katherine lives in Abbotsford and is a postulant for the diaconate with the Diocese of New Westminster. Katherine holds a Bachelor of Social Work degree and a master's degree in International Relations. Currently, she is studying theology part-time at the Vancouver School of Theology. Katherine loves time with family and friends, long walks in the woods, community life and strong cups of tea.

[Centre Fall 2022 Program.pdf](#)



The story of Maria's Button Blanket By Beth Fortin

A little history: The Button Blanket is a Coastal Salish Tradition, originating in Haida Gwaii. It is a symbol of accomplishment or feat. Given to warriors for winning a war, being a medicine man or chief. The blanket is given in ceremony to the deserving recipient. The blanket must be made by a family member, by hand, not sewing machine. And not made if a woman is in her moon time (monthly cycle). A story must be told of the recipient's feats and why they are deserving of such an honour. It must be made in a good way!

Such traditions for ceremony would be in the longhouse, with drumming, a story, and praying to the Creator, more drumming, and of course food for all who witnessed the event. Gifts would be given to all in attendance, it is a dishonour not to accept the gift. I feel all these tradition needs to be kept up. Money would be pinned on the blanket, but money in the church is the church's money, therefore we will do that part outside.

I see St. Cuthbert's as my long house. We have sung songs, heard the sermon, and prayed to the creator, everything that makes this a ceremony, the Eucharist is a ceremony.

To keep with tradition. I smudged the outside of the building. Now smudging is done with sage, sweet grass, cedar and tobacco, in a sea shell and fanned with an eagle feather. Smudging is a ceremonial cleansing to help the area become prepared for all who enter to witness.

Being from a culture of story and with no written history, my understanding and learning has been done through the Delta School district as I volunteered for ten years as a parent helper.

Mackenzie, earned his button blanket in September 2016, for receiving his bachelor of Education. He was presented his blanket on Kitaktla Island, home of the Gitxaala Nation, outside of Prince Rupert, where he was teaching. At a welcoming back-to-school ceremony and was presented to him by Chief Clifford White.

Walks barefoot, earned his blanket and name on May 20, 2018, here at St. Cuthbert's for completing his degree bachelors at UBC in honors physics.

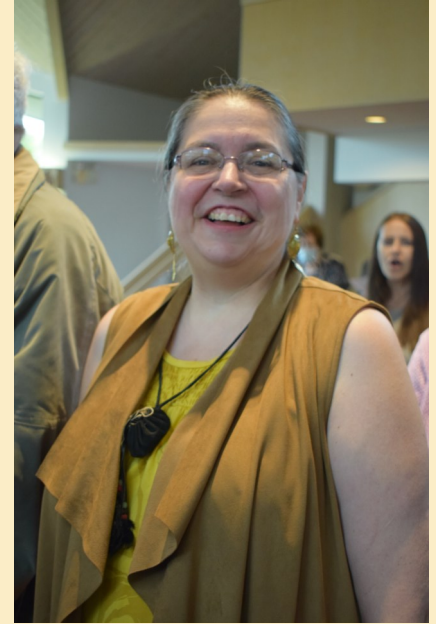
Our background: My grandmother Ruth was residential school survivor. Pregnant VERY young with her first child. Ruth was a disgrace to her reserve and thrown out. Forced to live with a cousin on a different reserve. By 19, her first 3 children were abandoned on the streets of Chilliwack.

My mother Maria is 5 of 6, was taken before her 3rd birthday and thrown into an orphanage. The intake priest at Kamloops residential school, saw her green eyes, and said she is a half breed, sent her to Vancouver to get adopted. Not to know of her aboriginal ancestry until her 50th birthday when her adoption records were opened. She did manage to find both her parents before they died.

We never knew grandmother was originally from a different native reserve until many years later. It gave us an understanding of why we never felt welcome. We went to a few events in Mission with Grandma Ruth, and she would comment with a big smile that the small blonde boy with the braid was her great grandson Alex.

With having no native band to love us for the half breeds we are. I checked with Pastor Paul and council for this presentation to be brought forth in a good way.

Woman of many names: My mother Maria, three years in the making. The whole pandemic, I would call you and ask you how you and dad were doing, and you would ask me, what are you doing, I would answer nothing. I was sewing. Maria, was born Joan Emily, a carefree child of Louie and Ruth, 5th of 6th children, soon to be taken and adopted against her will, as an only child of Maria & Peter, thus named Maria Agneza. In her life, she has had many names, Cookie, wife, mother, auntie, teta, godmother, and your favourite name of them all, Baba, which is Croatian for Grandma. Always having an emptiness within her, she never knew was until you met her siblings.



Maria, is mother of three children. That is the amazing feat she was being honoured for. MOTHER. Being a mother has not been easy for her. Her first born child, me, being physically handicapped, brought more than enough difficulties. Peter, your amazing son, has been your only normal child. Vinika, our dear Vini, now born 11 years after me, had many ups and down, mostly downs, with being MANY facets of the autism spectrum. Thus throwing the whole family into a new and difficult way of life. Having to go with me to Toronto for my back surgery, all those trips to Sunny Hill and Children's Hospital with Vini, you have earned enough frequent flyer miles to go anywhere.



The button blanket, it's story: of course I started thinking about it after Alex's was done. I really didn't get started until the pandemic hit us and we were all stuck at home. Since her favourite animal is a turtle, we are turtles in the sea around you. All of us different with different symbols around you. She is the centre, the matriarch, the mother of us; on the back is me, when she used to swim at Spanish Banks and I would be sitting on your back and she would swim out. Your symbol was originally a dragon fly, but when we emptied the shed and I got the bins of leather and patterns, this humming bird was on top, so he just had to go onto your back. All of us are swimming around her shaped like a heart. I am the rabbit in the top corner with the heart, under me is Mack, the beaver, then we have Doug the trickster, the raven, notice his big nose, then we have Alex her thunderbird. We have Peter her son, the owl at the top, and his loving wife Nina the frog. Vini was difficult! She has been a kicking horse and a donkey, until the day I dumped the bin at your house of the eagle's feathers when we were moving you in. The way the feathers fell, made me think of Vini and how she would rip apart feather dusters. One feather the floating one on top, is the woman, I wish I got to know more of, the child she only saw a few times, the bottom feather is the autistic person we know and sometimes hate. All those trips to Merritt were never in vain. I would be sewing the whole way up or back depending which way Pete drove.

While Peter and Walks barefoot put the blanket on her shoulders I gave her the name "Walks Tall". To keep her head up high, throughout this difficult like and to keep leading by example, that it is God who makes us strong.

The whole congregation came forward and I led in a prayer over Walks Tall. We gave all in attendance a gift for being witness and a salmon feast.

The Rev. Craig Tanksley was in attendance with Pastor Paul, ill at home with COVID. Rev. Craig did the most amazing job jumping in with both feet at what we were doing, with just a few moments notice. Jinx Stringer managed to have Mack on the screen witnessing with us his grandmother getting her name.



We gave Mack the money (to help survive in Hungary as a starving student) pinned to the blanket while everyone was having their salmon feast.

2023 Canadian Church Calendar ORDER FORM

We are pleased to offer the Anglican Church Calendar for 2023.

The Theme for the 2023 Canadian Anglican Church Calendar is Peaks & Valleys and as has been the custom, includes a range of photos of our beloved churches from across our country.

The funds raised will assist the Anglican Church Women to continue with their many outreach programs. We appreciate your help with these commitments.

Make cheques payable to the **ACW Diocese of New Westminster**, noting your parish name on the cheque.

Name of Parish _____

Calendar Order Contact Person _____

Phone # _____ **email** _____

Delivery Address and phone number:

Number of calendars ordered _____ **x Cost \$6.00 each = \$** _____

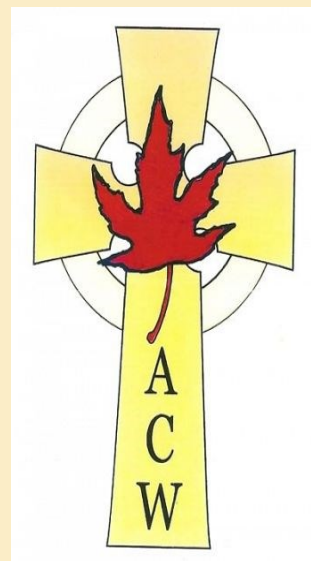
PLEASE have order and payment in before September 30, 2022 to

**ACW Calendar Secretary, c/o ACW Place, Unit B, 7012 Merritt Avenue, Burnaby B. C.
V5J 4R6**

Orders can be mailed with the payment or emailed to the

Calendar Secretary: sylviaanneenga@gmail.com.

Thank you for your support
Anglican Church Women
Diocese of New Westminster



Japanese Chicken Salad by St. Cuthbert Monday Luncheon Team

2 cups cooked chicken, cubed
1 small head cabbaged shredded
3oz instant chicken noodles, crumbled
2 chopped green onions
1 pkg noodle seasoning
3 Tbsp salad oil
1 Tbsp vinegar
1 Tbsp sugar
1 tsp salt
½ tsp pepper
2 Tbsp sesame seeds, toasted
½ cup slivered almonds, toasted.



Put chicken in a large bowl. Add cabbage, crumbled noodles, onions. In small bowl, combine packet of seasoning, oil, vinegar, sugar, salt and pepper. Stir together. Pour chicken over cabbage mixture. Stir. Store in covered bowl overnight in refrigerator to marinate. Just before serving, sprinkle sesame seeds and almonds. Toss lightly. Serves 6.

THRIVE

2022-2023

NEW WESTMINSTER DIOCESAN BOARD

President: Kelly Bowman, acw.kelly@gmail.com

Vice President: Amelia Foster, fosda@hotmail.com

Secretary: Alberta Rudolf, alberta.rudolf@gmail.com

Treasurer: Mary McIntyre, mlmcintyre@telus.net

Past President: Gail Revitt, revittgail@gmail.com

Members

At Large: Sylvia Enga, sylviaanneenga@gmail.com

At Large: Judith Carling, judith_carling@yahoo.com

At Large: Ann Blue, blueann@shaw.ca

At Large: Val Hampton, val_hampton@shaw.ca

At Large: Judy Nicholson, bnichols@dccnet.com

Appointed Assistants

Chaplain:

Social Action: Beth Fortin, rcee99@hotmail.com

Vancouver Council of Women:

Alberta Rudolf, alberta.rudolf@gmail.com

Membership: Vera Morgan, morgan05@shaw.ca

Newsletter: Beth Fortin/Gail Revitt

Memorial Roll: Val Hampton

Calendars: Sylvia Enga

The News N Views is compiled together by Gail Revitt and Beth Fortin.